

1 **CJI Public Schools**

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5 Management of Sports Related Concussions

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7 The CJI School District recognizes that concussions and head injuries are commonly reported
8 injuries in children and adolescents who participate in sports and other recreational activities.
9 The Board acknowledges the risk of catastrophic injuries or death is significant when a
10 concussion or head injury is not properly evaluated and managed. Therefore, all K-12
11 competitive sport athletic activities in the District will be identified by the administration.

12 Consistent with guidelines provided by the U.S. Department of Health and Human Services,
13 Centers for Disease Control and Prevention, the National Federation of High School (NFHS) and
14 the Montana High School Association (MHSA), the District will utilize procedures developed by
15 the MHSA and other pertinent information to inform and educate coaches, athletic trainers,
16 officials, youth athletes, and their parents and/or guardians of the nature and risk of concussions
17 or head injuries, including the dangers associated with continuing to play after a concussion or
18 head injury. Resources are available on the Montana High School Association Sports Medicine
19 page at www.mhsa.org; U.S. Department of Health and Human Services page at: www.hhs.gov;
20 and; the Centers for Disease and Prevention page at www.cdc.gov/concussion/sports.index.html.

21
22 Annually, the district will distribute a head injury and concussion information and sign-off sheet
23 to all parents and guardians of student-athletes in competitive sport activities prior to the student-
24 athlete's initial practice or competition.

25 All coaches, athletic trainers, officials, including volunteers participating in organized youth
26 athletic activities, shall complete the training program at least once each school year as required
27 in the District procedure. Additionally, all coaches, athletic trainers, officials, including
28 volunteers participating in organized youth athletic activities will comply with all procedures for
29 the management of head injuries and concussions.

30
31 Reference: Montana High School Association, Rules and Regulations
32 Section 4, Return to Play

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34 Legal Reference: Dylan Steigers Protection of Youth Athletes Act

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36 Cross Reference: 3415F Student-Athlete & Parent/Legal Custodian Concussion Statement
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39 Policy History:

40 Adopted on:

41 Reviewed on: 03/11/14

42 Revised on:

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7 A. Athletic Director or Administrator in Charge of Athletic Duties:

- 8 1. *Updating:* Each spring, the athletic director, or the administrator in charge of athletics if there
9 is no athletic director, shall review any changes that have been made in procedures required
10 for concussion and head injury management or other serious injury by consulting with the
11 MHSА or the MHSА Web site, U.S. DPHHS, and CDCP web site. If there are any updated
12 procedures, they will be adopted and used for the upcoming school year.
- 13 2. *Identified Sports:* Identified sports include all organized youth athletic activity sponsored by
14 the school or school district.

15 B. *Training:* All coaches, athletic trainers, and officials, including volunteers shall undergo training
16 in head injury and concussion management at least once each school year by one of the following
17 means: (1) through viewing the MHSА sport-specific rules clinic; (2) through viewing the
18 MHSА concussion clinic found on the MHSА Sports Medicine page at www.mhsa.org; or by the
19 district inviting the participation of appropriate advocacy groups and appropriate sports
20 governing bodies to facilitate the training requirements.

21 C. *Parent Information Sheet:* On a yearly basis, a concussion and head injury information sheet
22 shall be distributed to the student-athlete and the athlete's parent and/or guardian prior to the
23 student-athlete's initial practice or competition. This information sheet may be incorporated into
24 the parent permission sheet which allows students to participate in extracurricular athletics and
25 should include resources found on the MHSА Sports Medicine page at www.mhsa.org, U.S.
26 DPHHS, and CDCP websites.

27 D. *Responsibility:* An athletic trainer, coach, or official shall immediately remove from play,
28 practice, tryouts, training exercises, preparation for an athletic game, or sport camp a student-
29 athlete who is suspected of sustaining a concussion or head injury or other serious injury.

30 E. *Return to Play After Concussion or Head Injury:* In accordance with MHSА Return to Play
31 Rules and Regulations and The Dylan Steigers Protection of Youth Athletes Act a student athlete
32 who has been removed from play, practice, tryouts, training exercises, preparation for an athletic
33 game, or sport camp may not return until the athlete is cleared by a licensed health care
34 professional (registered, licensed, certified, or otherwise statutorily recognized health care
35 professional). The health care provider may be a volunteer.

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37 Policy History:

38 Adopted on:

39 Reviewed on: 03/11/14

40 Revised on: